



Let's Get Moving!

Improving the lives of children and adults with motor disorders through Conductive Education.

GaitWay Conductive Education Newsletter

Summer 2011

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Why We Do What We Do



Camille, who is 5 years old, "graduated" from our program. She accomplished all her goals at Camp this summer. Camille has attended CE camps since 2008.

Congratulations to Camille and her family!

More of the children's success stories are included inside this newsletter. Please read them and learn more about how GaitWay makes a difference in those with movement disorders. Better yet, share this with a friend or family member!

Currently, eight individuals attend our Adult Day Program. The adult participants benefit in many of the same ways as the children. They work in a group environment with the same intensity as the kids and they practice skills that can improve the quality of their day to day lives.

We need your email address ... please! We promise not to share it and to not fill your inbox. We just want to share with you the latest news from GaitWay, invite you to our special events and save on postage and printing costs. Email us at info@swgaitway.org!

Bowl-A Fun

GaitWay is hosting a Bowl-A-Fun on August 20th at Lucky Strike Bowl at 4015 East Speedway Blvd. The Bowl-A-Fun is to raise funds for new flooring in the children's classroom. The kids practice many skills lying on the floor such as learning to change position, rolling over and crawling.



The old vinyl tile flooring on top of the concrete foundation is in bad shape. Rugs are used to cover part of the room but they are not the perfect solution to a cold, hard floor. The flooring we've chosen is going to cost \$3500. However, it is washable, provides cushion and a barrier from the cold tile. If we ever move we can take it with us.

The Bowl-A-Fun for the flooring will be from 10:00 am until noon and cost just \$10 per person. "Shoots" (bumpers that block gutter balls) are available on all lanes.

Please RSVP by August 13th to GaitWay — info@swgaitway.org 751-8000

Run for GaitWay With "Team Triumph"

Are you a runner? The Tucson Chapter of Team Triumph has designated GaitWay as one of its beneficiaries. Team Triumph matches "Captains" (kids with disabilities) with "Angels" (three adults per child that run with and push the Captain's chair). Individual runners help raise funds too. Let us know if you're interested! We'll let you know as races get scheduled.

Summer Program Accomplishments

A.J., 11 years old — independently feeding himself and drinking from a cup

Aaron, 9 years old — walking with his walker

Arzu, 10 years old — walking independently, learning to step around obstacles

Barbara, 5 years old — learned to sit at the table, holding on to a fixed support for 3 minutes

Cameron, 6 years old — likes music and singing, he worked on improving his ability to focus on a task

Camille, 5 years old — walking independently, talking and graduated from Conductive Education this summer!

Candace, 13 years old — walking long distances with her walker and learning to walk around obstacles

Connor, 9 years old — can sit independently on a bench for the first time for 1-2 minutes

Eliane, 14 years old — learning to sit at the table holding on to a grab bar

Emma, 11 years old — learned to walk independently, without using her canes, for 50 feet, stand up from a chair without assistance and walk up and down stairs holding on to the handrail

Gianna, 3 years old — learning to stand at the ladder and beginning to speak

Hannah, 8 years old — is learning to sit at the table holding on to the grab-bar.

Harry, 5 years old — learning to walk with his walker, using the potty every day, beginning to speak and is sitting independently

Jay, 10 years old — learning fine manipulation with both hands

Joseph, 9 years old — starting to sit at the table or on a bench holding on to a fixed support

Joshua, 14 years old — very happy to be with his friends and tries his hardest to do every task presented to him

Journey, 5 years old — learned to sit independently for 15-20 seconds

Katie, 5 years old — walking well and safely with her walker taking 30 steps without letting go

Kayra, 4 years old — learned to independently walk and change directions with her walker

Laura, 6 year old — drinking from the cup holding on with both hands and walks 50 feet everyday with her walker

Lexi, 3 years old — walking independently, is trying to talk and is learning to use both hands for manipulation

Lucas, 4 years old — sitting on a bench holding on to a fixed support and is working on feeding himself with a spoon

Maricella, 15 years old — learning to walk with canes

Nashua, 6 years old — learned to independently sit on the floor or a bench holding on to a fixed support with straight arms

Natalie, 5 years old — learning to walk independently and step around obstacles

Phoenix, 4 years old — accomplished potty training, sitting on the bench independently and learned to walk with the ladder 5-10 steps with minimal assistance

Samuel, 10 years old — learning to stand, holding on to the ladder and learning to crawl

Seneca, 4 years old — improved her ability to walk taking 20-30 steps in good form without falling



Aaron



Arzu

A.J.



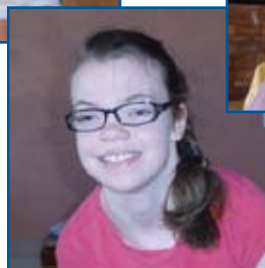
Barbara



Cameron



Camille



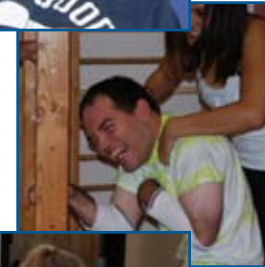
Candace



Clyde



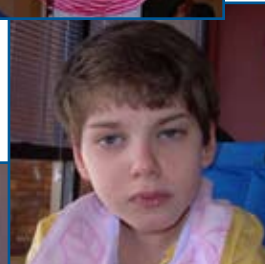
Connor



Demetrios



Emma



Eliane



Gabe



Gianna



Harry



Jay



Joseph

Congratulations!!!



Journey



Lucas



Seneka



Joshua



Shelby

Kayra



IAA/GaitWay is a 501(c)3 non profit Arizona Corporation. All charitable donations are tax deductible to the maximum extent allowed by law.



Katie

Nashua



Maricella

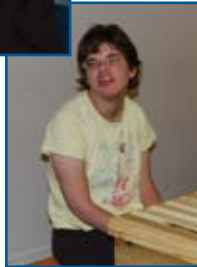


Laura

Natalie



Lexi



Kelsey



Phoenix



Linda



Samuel

Summer Program

After a lot of hard work and successful fundraising efforts, the **Phoenix Summer Program** was a success. Eleven children attended the four week camp held at the Neurologic Music Therapy Services of Arizona facility in Central Phoenix. Support from the Schulz Charitable Foundation, Inc. and the Sydney Hudson Foundation along with fundraising events and individual donations made the camp possible.

Phoenix parents are already planning on increasing next year's camp to six weeks and discussing ideas on how to raise the necessary funds.

Tucson's Summer Program came to a close on July 28th. The 17 children who attended worked hard but also had a lot of fun. The Summer Program will end on Thursday, July 28 with an Italian Luncheon at noon, followed by a "Fashion Show" by the kids and adults in their choices of costumes. Pictures will be posted on our Facebook page; **Conductive Education Tucson.**



The last day of the Summer Program featured a luncheon and a fashion show with costumes made by the adult and children participants.

Yard Sale

Our bi-annual yard sale in May generated \$900 for GaitWay. As usual, it was the hottest, windiest weekend of the month! Thanks to everyone for their donations and help with the sale.

The fall yard sale is tentatively scheduled for October 15th. Please use GaitWay's yard sale as an opportunity to clean out those closets, garages and playrooms. **We will even come to your house and pick up your donations.** It's a great way to de-clutter and support a good cause at the same time.

GaitWay

7447 E. 22nd Street
Tucson, AZ 85710

www.swgaitway.org
info@swgaitway.org

Things We Wish For ... That You May Have

Paper Supplies
(napkins, paper towels,
toilet paper, copy paper)

Shelves/Lockers

Radio, CD Player with IPOD dock

Towels and Washcloths

Books
(kids love pop-up books)

Window Shades

Laptop and Printer

Airline Tickets for Conductor

Floor Cleaning and Waxing
(costs \$200)

Microsoft Office
(2011 version)

4 Chairs for Lobby

Fundraising Needs

At the heart of GaitWay is a strong desire to serve our community and its individuals with movement disorders. Unfortunately a desire to serve doesn't create funding.

The funding GaitWay receives from the State of Arizona, Department of Developmental Disabilities for eligible clients does not cover the expenses for each participant. There is an average of additional \$26 of expense per hour, per participant that GaitWay must fund. For the Tucson Summer Camp Program we have averaged a \$15,000 gap each year between our expenses and the income we receive for services.

GaitWay accepts every individual into our programs regardless of the income received, or not received, from the DDD. It is our mission to provide Conductive Education to all that will benefit.

We continue to work to raise funds in a variety of ways ... but we need your help.

Please visit swgaitway.org to make a tax deductible donation with Pay Pal or send a check or money order to: GaitWay, 7447 E. 22nd St., Tucson, AZ 85710

In addition, Individual Achievements Association DBA GaitWay is a qualifying charitable organization with the State of Arizona Department of Revenue for contributions that provide assistance to the "Working Poor". (This is in addition to the School Tax Credit.) For more information see www.azdor.gov.

Thank you for your support!
